



503 W. Park Ave. \* Barberton, Ohio

**SERVING:**

Barberton  
Clinton  
Doylestown  
Norton  
Chippewa Township  
Coventry Township  
New Franklin

February 2011

## “After the Accident”



This will be the topic of the February 9, 2011 Safety Luncheon at Prime 93 (note the new name of Prime at Anthe's) at 11:30 a.m. Speaking on this topic will be Laura Sylvester who has 12 years experience as a Safety Coordinator in a factory setting. The presentation is for the Safety Personnel of your company. It will identify different strategies Safety Personnel may use when an employee has had an accident at work and may have a BWC claim. We know that understanding the roles of a MCO (Managed Care Organization) and a TPA (Third Party Administrator) can be confusing, so Ms. Sylvester will also help identify the true roles of these entities. Be sure to make your reservation by calling 330-745-3141 or e-mailing us at [southsummitcc@att.net](mailto:southsummitcc@att.net).

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**February 9, 2011  
Safety Council Luncheon  
Laura Sylvester  
“After The Accident”**

**CALL YOUR  
RESERVATIONS IN TO THE  
CHAMBER  
OFFICE AT  
330-745-3141  
OR EMAIL THEM TO**

**SOUTHSUMMITCC  
@ATT.NET**

**DON'T MISS THIS  
INFORMATIVE  
MEETING  
BEING HELD  
AT :**

**Prime 93**

**NEW Menu Choices are:**

**Grilled Chopped Steak**

**Pan Seared Lemon  
Pepper Tilapia**

**Chicken Breast  
Beurre Blanc**

**Seafood Salad**

**Marinated Chicken  
Breast Salad**

## Safety Tips for Shoveling Snow



An average of 11,500 people are treated in emergency rooms for injuries and medical emergencies related to snow shoveling each year. The majority of injuries are soft-tissue injuries, with the lower back being affected 34 percent of the time. Acute musculoskeletal exertion was the cause of injury in 54 percent of the cases, followed by slips and falls (20 percent) and being struck by a snow shovel (15 percent).

To avoid doing any damage to your back, it's important that you make sure you are clearing your driveway using the right techniques. If you can, avoid actually lifting the snow and move it to the side instead. When you have to lift the snow, stand with your feet hip distance apart and keep the shovel close to your body. As with all lifting, always bend from the knees, not from the back or torso. To prevent hypothermia, dress in layers and remove layers as you work up a sweat to avoid overheating. Finally, start off slowly and pace yourself. Take a break whenever you feel you need one.

***It only takes a minute to see if \$ can be saved***

The South Summit Chamber of Commerce is once again sponsoring a worker's compensation group-rating program for the 2011-2012 policy year. The group-rating plan provides employers with significant discounts off annual premiums paid to the Ohio Bureau of Workers' Compensation.

The South Summit Chamber of Commerce continues to partner with a larger statewide group, which will offer higher discounts to more employers. The group rating program is a very large network of Chambers of Commerce and State and National Trade Associations working together to provide larger workers' compensation discounts and more credible groups.

The plan's administrator is a locally owned workers' compensation service company with an excellent reputation for service and savings. Our Chamber works with our administrator for your benefit.

To determine your company's eligibility to participate in this excellent program, simply complete the enclosed Temporary Authorization Form (AC-3) for a **FREE, NO OBLIGATION** evaluation. We will advise you of your eligibility to participate in the group-rating program.

We encourage all members to be evaluated, whether you are currently with another group or have been previously ineligible to participate.

The South Summit Chamber of Commerce is seeking your support of this plan and we encourage your participation to help us grow and to better serve our members and our community.

***AC3 MUST be received at the Chamber office by 3:00 pm on February 14, 2011 for a current year evaluation.***

## Temporary Authorization to Review Information

South Summit Safety Council

503 W. Park Avenue  
Barberton, Ohio 44203  
Phone: 330-745-3141  
Fax: 330-777-0597  
e-mail: [southsummitcc@att.net](mailto:southsummitcc@att.net)  
website: [southsummitchamber.org](http://southsummitchamber.org)

|                     |
|---------------------|
| From: Policy number |
| Entity              |
| DBA                 |
| Address             |
|                     |
|                     |

**Note:** For this to be a **valid** letter, the self-insured department for self-insured employers, or the employer services department for all other employers, must stamp it. Being temporary in nature, BWC will not record via computer or retain this authorization. Representative must possess a copy when requesting service relative to the authority granted therein.

This is to certify that \_\_\_\_\_ including its agents or representatives identified to you by them, has been retained to review and perform studies on certain workers' compensation matters on our behalf.

The limited letter of authority provides access to the following types of information relating to our account:

- (1) Risk files;
- (2) Claim files;
- (3) Merit-rated or non-merit-rated experiences;
- (4) Other associated data.

This authorization does not include the authority to:

- (1) Review protest letters;
- (2) File protest letters;
- (3) File form *Application for Handicap Reimbursement* (CHP-4);
- (4) *Notice of Appeal* (IC-12) or *Application for Permanent Partial Reconsideration* (IC-88);
- (5) File self-insurance applications;
- (6) Represent the employer at hearings;
- (7) Pursue other similar actions on behalf of the employer.

I understand this authorization is limited and temporary in nature and will expire on 02/28/2011 or automatically nine months from the date received by the employer services or self-insured departments, whichever is appropriate. In either case, the length of authorization will not exceed nine months.

|                  |            |                |
|------------------|------------|----------------|
| Telephone number | Fax number | E-mail address |
|                  |            |                |

|            |       |                       |      |
|------------|-------|-----------------------|------|
| Print name | Title | Signature<br><b>X</b> | Date |
|            |       |                       |      |

BWC-0503 (Rev. 07/28/2008)

**AC-3**  
SSCC

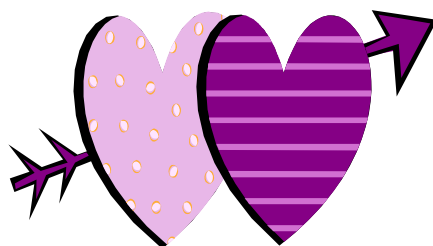
**RETURN THIS FORM BY FAX TO  
330-777-0597**



503 W. Park Ave. \* Barberton, Ohio 44203

## SAFETY COUNCIL MEETING SCHEDULE

**February 9, 2011**  
**Safety Luncheon at**  
**Prime 93**  
**Laura Sylvester**  
**"After the Accident"**



Safety Council Board of  
 Directors:

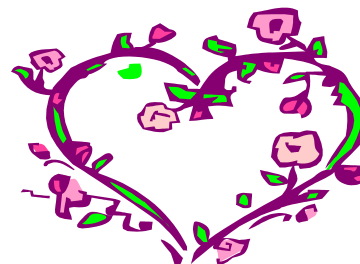
Al Bollas President

Kelli Harvey Vice President

Donna Henretty Secretary

Jim Carpenter Treasurer

**March 9, 2011**  
**Safety Luncheon at**  
**The Olde Harbor Inn**



### February's Safety Luncheon at Prime 93

The cost is \$15 per person w/reservation or \$20 without reservation.  
 If reservations are made and an unexcused absence occurs your company will be invoiced.  
 Reservations **MUST** be received by 3pm the day **BEFORE** the meeting or the charge will be \$20.  
 Please make your reservation by  
 calling 330-745-3141 or email us at southsummitcc@att.net

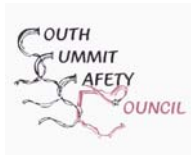
#### Menu for Prime 93:

Grilled Chopped Steak , Pan Seared Lemon Pepper Tilapia  
 Chicken Breast Beurre Blanc, Seafood Salad  
 Marinated Chicken Breast Salad

#### Menu for Harbor Inn:

Potato Crusted Cod, Wild Mushroom Chicken, Pulled Pork BBQ Sandwich w/slaw & chips  
 Choice either Full House Salad or Warm Goat Cheese Salad w/Chicken  
**Selection of soda, lemonade, iced tea, coffee and hot tea available**  
 Please include your lunch choice when making your reservation.

THANK YOU!



South Summit Safety Council  
503 W. Park Ave.  
Barberton, OH 44203

