South Summit Safety Council

503 W. Park Ave. * Barberton, Ohio

SERVING:
Barberton
Clinton
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Chippewa Township
Coventry Township
New Franklin

March 2012

Safety Council Luncheon
March 14, 2012 at Harbor Inn

Don MacBride, Safety & Performance Specialist
Dominion East Ohio Gas

"Partners In Safety" will be this month's topic at our monthly Safety Council Luncheon. Mr. MacBride has 39 years of natural gas field experience. This month's speaker will show us the same program he delivers to fire departments in our service territory with the following topics:

- Recent explosions and their causes.
- Dispelling some of the myths associated with natural gas, for example, gas is easy to burn, when gas is burned it produces carbon monoxide and carbon monoxide is a silent, odorless killer.
- Fundamentals of natural gas.
- Recognizing the signs of carbon monoxide.

Call the Chamber at 330-745-3141 today to place your reservation.

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Stress Prevention for Work

Low morale, health and job complaints and employee turnover often provide the first signs of job stress. But, sometimes there are no clues, especially if employees are fearful of losing their jobs. Lack of obvious or widespread signs is not a good reason to dismiss concerns about job stress or minimize the importance of a prevention program.

(See Step 1 in January's issue)
(See Step 2 in February's issue)

Step 3: **Evaluate the Interventions.**

Evaluation is an essential step in the intervention process. Evaluation is necessary to determine whether the intervention is producing desired effects and whether changes in direction are needed.

Time frames for evaluating interventions should be established. Interventions:

- **Conduct both short and long—term evaluations.**
- **Measure employee perceptions of job conditions, stress, health and satisfaction.**
- **Measure employee perceptions of job conditions, stress, health and satisfaction.**
- **Include objective measures.**
- **Refine the intervention strategy and return to Step 1.**

Evaluations should focus on the types of information collected during the problem identification phase of the intervention, including information from employees about working conditions, levels of perceived stress, health problems and satisfaction. Employee perceptions are usually the most sensitive measure of stressful working conditions and often provide the first indication of intervention effectiveness. Adding objective measures such as absenteeism and health care costs may also be useful. However, the effects of job stress interventions on such measures tend to be less clear-cut and can take a long time to appear.

The job stress prevention process does not end with evaluation. Rather, job stress prevention should be seen as a continuous process that uses evaluation data to refine or redirect the intervention strategy.

Here are some links to more information:

http://www.cdc.gov/niosh/docs/99-101/
http://www.helpguide.org/mental/work_stress_management.htm
http://www.ccohs.ca/oshanswers/psychosocial/stress.html

March 14, 2012
Safety Council Luncheon

Don MacBride
"Partners in Safety"

CALL YOUR RESERVATIONS IN TO THE CHAMBER OFFICE AT 330-745-3141 OR EMAIL THEM TO

SOUTHSUMMITCC @ATT.NET

DON'T MISS THIS INFORMATIVE MEETING BEING HELD AT :

Harbor Inn

Potato Crusted Cod,

Wild Mushroom Chicken,

Pulled Pork BBQ Sandwich w/slow & chips,

Choice of Full House Salad w/chicken

or

Warm Goat Cheese Salad w/chicken

Cari's Corner

Question: When installing a new PC/laptop workstation, what is the most important thing to remember?

A. Height adjustable desk and chair.
B. Keyboard/mouse wrists supports.
C. Elbow rests on the chair.
D. Gaze angle and lighting.
E. Total workstation adjustability.
F. All of the Above.

Answer: E. ***Total Work Station Adjustability***. That will insure 95% of the working percentile, both male and female can work in the work station in a neutral body posture.

For more ergonomics information or assistance, visit this website:

http://www.oniobwc.com/employer/programs/safety/Ergonomics.asp.

What's Your Pleasure

Your Safety Council Board meets on a regular basis. We discuss finances and directives from BWC department of Safety & Hygiene. One of the main additional topics discussed is "What do you think our members want to hear?"
We would love to know your thoughts on future programs that would be of interest.

On your tables today you will find a short form upon which to provide an idea or two for future programs. Please feel free to send along an idea or thought for your Board to review. We want everyone to enjoy our Council and hopefully bring a friend to a future meeting.

Subject Thoughts

Electric	Flammables	Ladders & Lifts	Claims
BWC Programs	Injury Response	Tow Motors	Mental Health
Lock Out Tag Out	BWC Training Material	Drugs	Alcohol
Cave Ins	Fraud	First Aid	Vehicle Safety
Explosives	Travel Responsibilities	OSHA	911 & Amber

So Much More

I would like a program on _____

_____

_____

_____

_____

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SAFETY COUNCIL MEETING SCHEDULE

March 14, 2012 Harbor Inn

Don MacBride
Safety & Performance Specialist
Dominion East Ohio Gas

"Partners In Safety"

April 11, 2012 Prime 93

CPR Training

Dawn Gates of BWC
Safety Council Awards Program

Safety Council Board of Directors:

Al Bollas President

Kelli Harvey Vice President

Donna Henretty Secretary

Mark Brown Treasurer

Cari Gray, CSP, BWC

March's Safety Luncheon at Harbor Inn

The cost is $15 per person w/reservation or *$20 without reservation.*
If reservations are made and an unexcused absence occurs your company will be invoiced.
Reservations MUST be received by 3pm the day *BEFORE* the meeting or the charge will be $20.

Please make your reservation by
calling 330-745-3141 or email us at southsummitcc@att.net

Menu for Prime 93:
Grilled Chopped Steak , Pan Seared Lemon Pepper Tilapia
Chicken Breast Beurre Blanc, Seafood Salad
Marinated Chicken Breast Salad

Menu for Harbor Inn
Potato Crusted Cod, Wild Mushroom Chicken, Pulled Pork BBQ Sandwich w/slaw & chips
Choice of Full House Salad w/chicken or Warm Goat Cheese Salad w/chicken

THANK YOU!!

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